

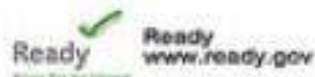


# Emergency Kit

## Visual Checklist for Disaster Supplies

 Water <input type="checkbox"/>	 Food <input type="checkbox"/>	 Prescription Medications <input type="checkbox"/>	 First Aid Kit <input type="checkbox"/>	 Baby Supplies <input type="checkbox"/>	 Pet Supplies <input type="checkbox"/>	 Bleach & Eye-dropper <input type="checkbox"/>
 Mylar Blanket <input type="checkbox"/>	 Blankets <input type="checkbox"/>	 Sleeping Bag <input type="checkbox"/>	 Glasses & Eye Protection <input type="checkbox"/>	 Extra Clothing <input type="checkbox"/>	 Personal Hygiene <input type="checkbox"/>	 Towelettes <input type="checkbox"/>
 Towels <input type="checkbox"/>	 Sanitation <input type="checkbox"/>	 Plastic Sheeting <input type="checkbox"/>	 Tube Tent <input type="checkbox"/>	 Backpack <input type="checkbox"/>	 Dust Mask <input type="checkbox"/>	 Work Gloves <input type="checkbox"/>
 Flashlight <input type="checkbox"/>	 Batteries <input type="checkbox"/>	 Matches <input type="checkbox"/>	 Candles <input type="checkbox"/>	 Lightsticks <input type="checkbox"/>	 Knife <input type="checkbox"/>	 Multi-purpose Tool <input type="checkbox"/>
 Wrench, Pliers, Crowbar <input type="checkbox"/>	 Rope / Cord <input type="checkbox"/>	 Duct Tape <input type="checkbox"/>	 Can Opener <input type="checkbox"/>	 Kitchen Items <input type="checkbox"/>	 Scissors <input type="checkbox"/>	 Fire Extinguisher <input type="checkbox"/>
 Compass <input type="checkbox"/>	 Pen & Paper <input type="checkbox"/>	 Radio <input type="checkbox"/>	 Cell Phone & Charger <input type="checkbox"/>	 Whistle <input type="checkbox"/>	 Signal Mirror <input type="checkbox"/>	 2-way Radios <input type="checkbox"/>
 Emergency Guide/Plan <input type="checkbox"/>	 Family Documents <input type="checkbox"/>	 Maps <input type="checkbox"/>	 Camera <input type="checkbox"/>	 Games & Books <input type="checkbox"/>	 Extra Keys <input type="checkbox"/>	 Cash, Travelers Checks, Coins <input type="checkbox"/>

### References



Letter or Note of Love & Hope

You may need to survive on your own after an emergency. This means having your own food, water, and other supplies in sufficient quantity to last for at least three days. Local officials and relief workers will be on the scene after a disaster, but they cannot reach everyone immediately. You could get help in hours, or it might take days. In addition, basic services such as electricity, gas, water, sewage treatment, and telephones may be cut off for days, or even a week or longer.  
Ready America

1. Get a kit
2. Make a plan
3. Be informed

Disaster preparedness guidance from Greg Babin, Tracy Bort, Robert Corwin, Amanda Gregory, Nicholas Kemper PhD, Andy Kirsch, Lisa Peller, Matt Prinos PhD, Jane Sproston, Tamara Sproston and Bob West  
Spring 2011

