

THE RAW STORY

Some frozen chicken entrees look like they're cooked—but they're not!



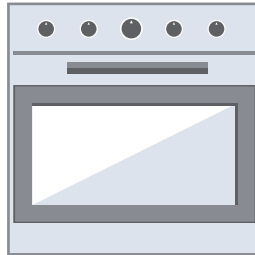
Handle raw frozen chicken—including frozen meals, entrees, and appetizers—the same way you handle raw fresh chicken to prevent foodborne illness:

1



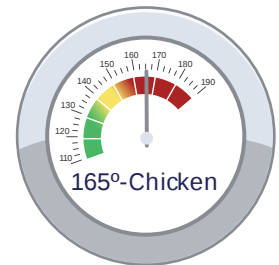
Read the package carefully.

2



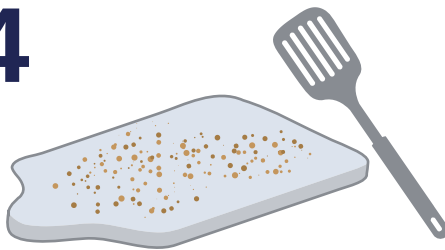
Follow cooking instructions exactly as written.

3



Use a food thermometer to check doneness (165°F for chicken).

4



Clean and disinfect any surfaces and utensils that touched the raw product.

5



Wash your hands with soap and water after handling the raw product.



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

Learn more: www.cdc.gov/foodsafety