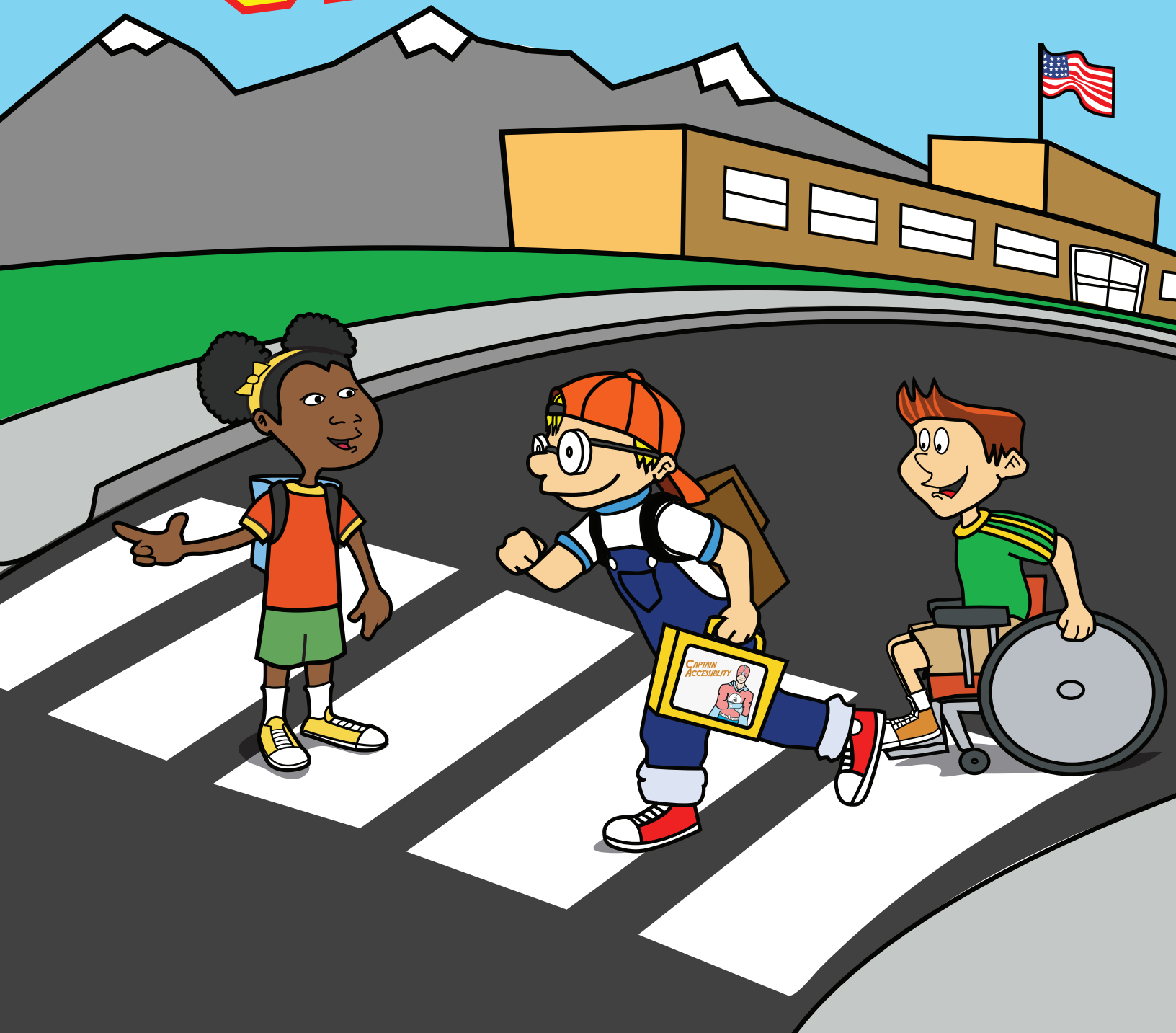


READY! SET! GO!



Produced by the Consumer Program Advisory Council (CPAC) of the Wyoming INstitute for Disabilities (WIND), College of Health Sciences, University of Wyoming whose members are:

Susan Bentley, CPAC Chairperson
Molly Bentley
Genevieve Bluemel
Karen Bowyer
Kendall Corbett
Jackie Cornelius
George Garcia
Keith Miller

This coloring book is dedicated to “Gramma” Hester Dowler and Scott Livingston, members of CPAC who have passed away since the creation of the first coloring book. Their perspective and insight into the lives of people with disabilities will always be valued by the members of CPAC.

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UNIVERSITY
OF WYOMING

CPAC
consumer program advisory council

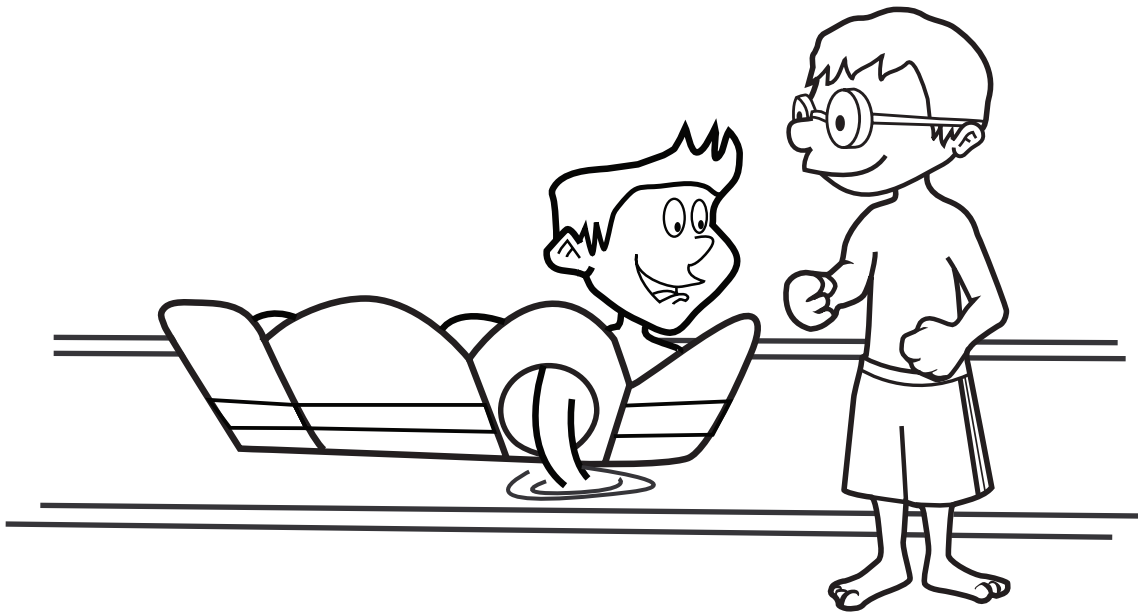

A FORCE FIGHTING FOR PEOPLE WITH DISABILITIES


COLLEGE OF
HEALTH
SCIENCES

Supported in part by the College of Health Sciences at the University of Wyoming and in part by a grant from the Administration on Developmental Disabilities, Administration for Children and Families, Department of Health and Human Services (Grant Number: 90DD0567).

READY! SET! GO!

coloring book



Story development by members of
The Consumer Program Advisory Council of the Wyoming INstitute for Disabilities
College of Health Sciences
University of Wyoming

Illustrated by Josef Buchanan



HI, MY NAME IS SAM

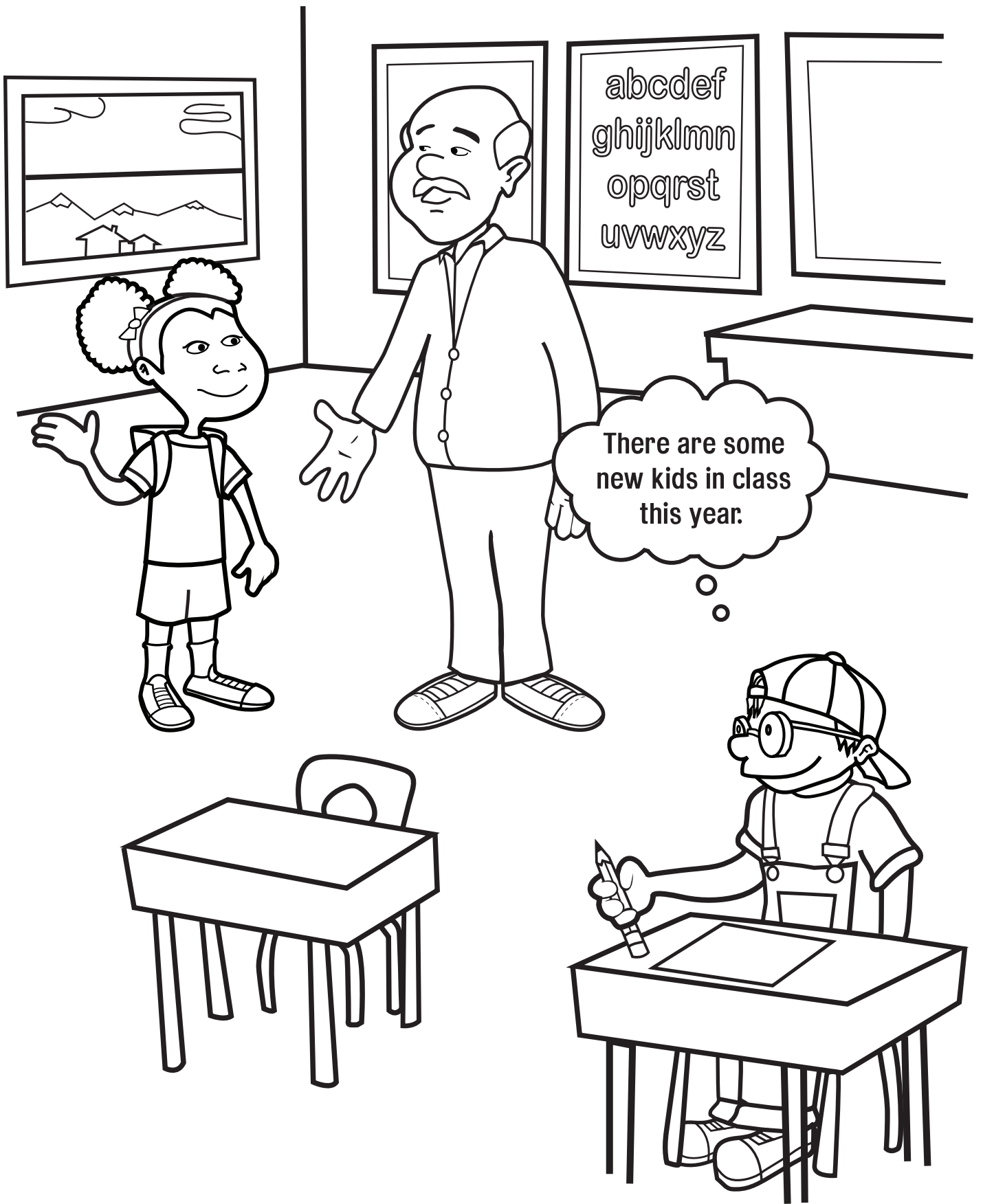


TODAY IS THE FIRST DAY OF SCHOOL

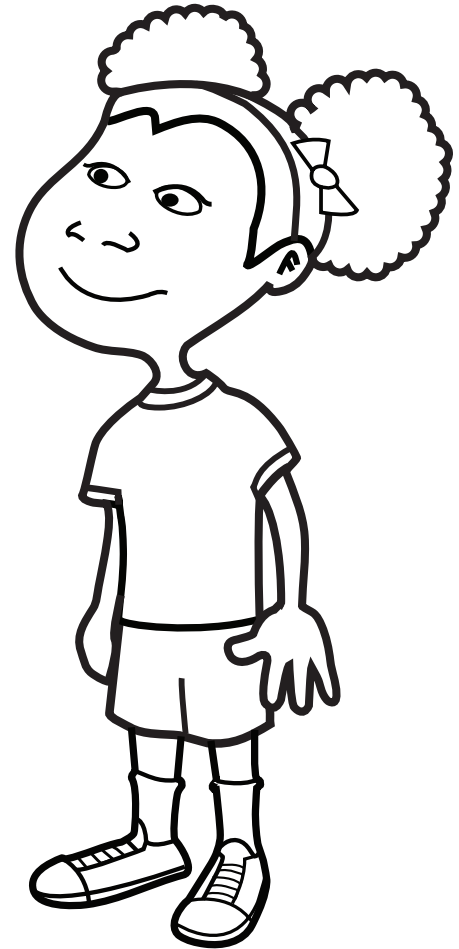
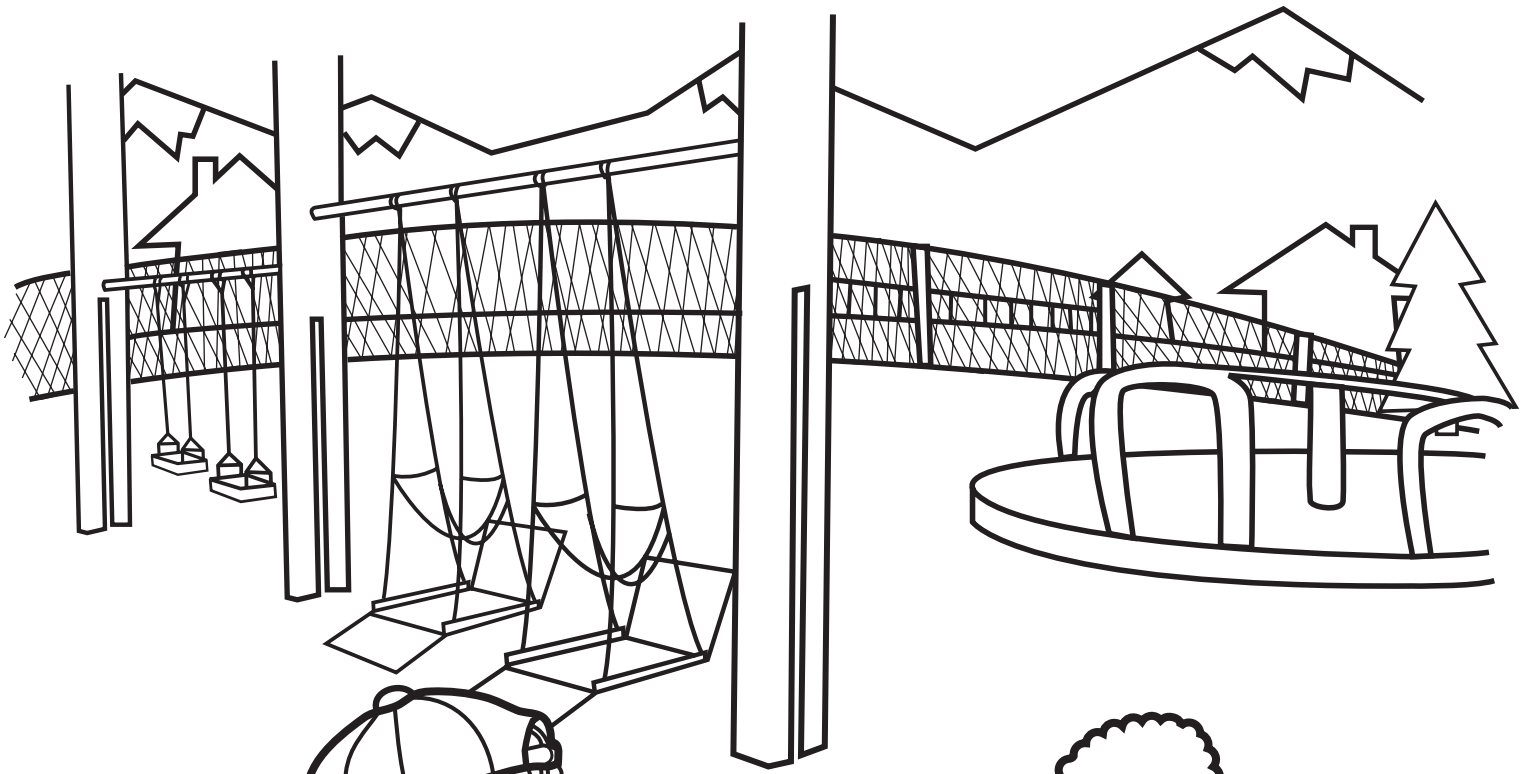


Welcome Back Students!

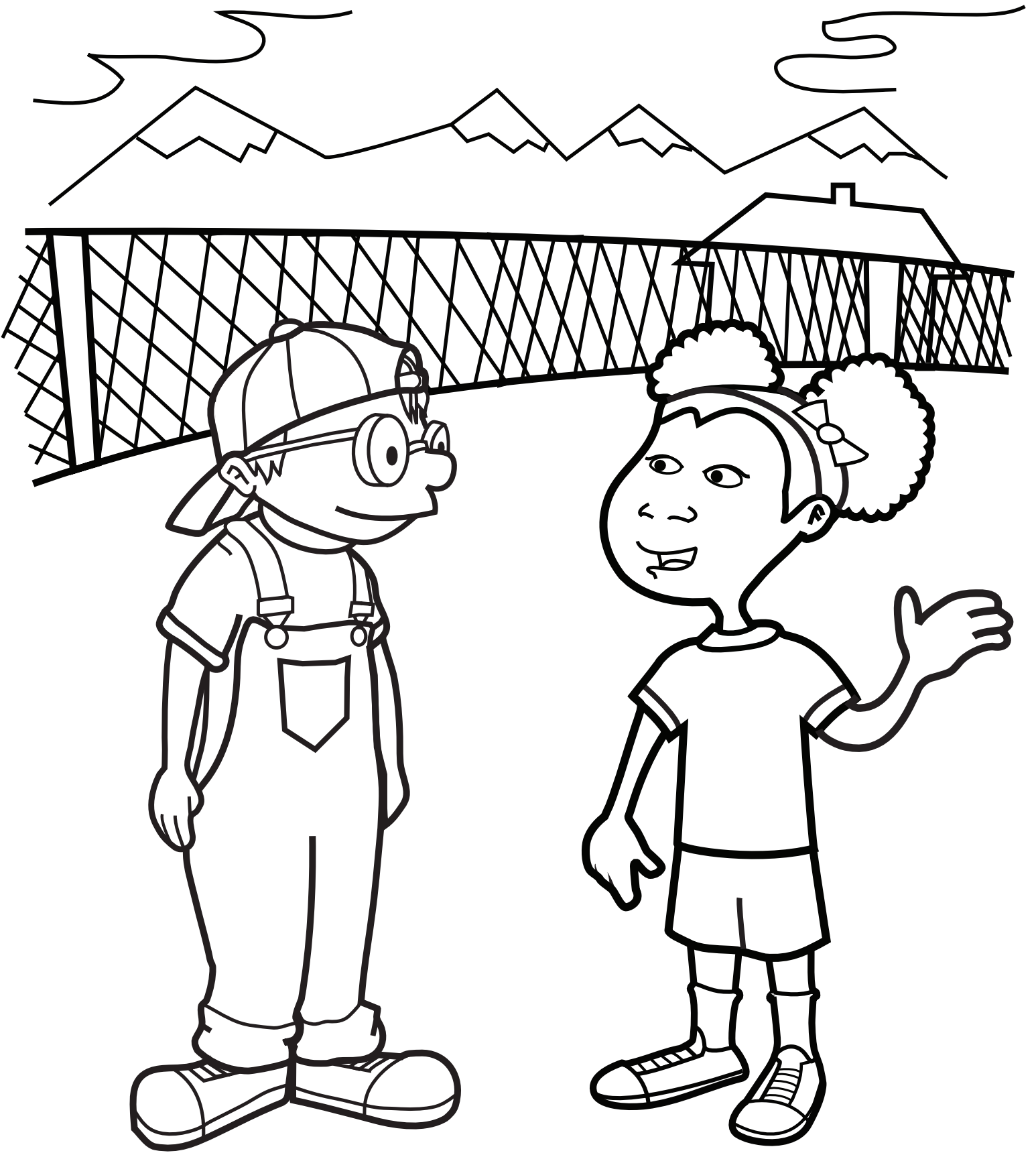
**GOOD MORNING, CLASS.
I'M MRS. JONES**



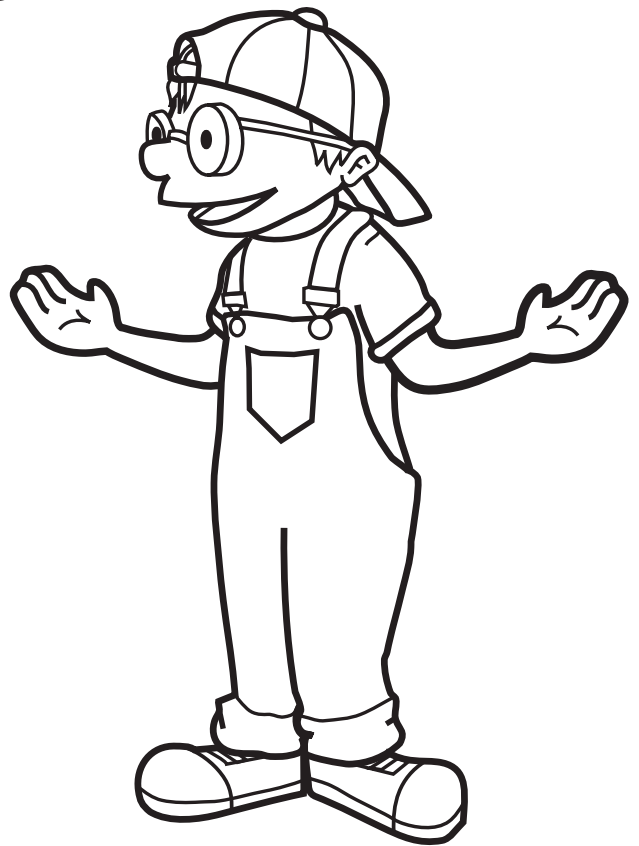
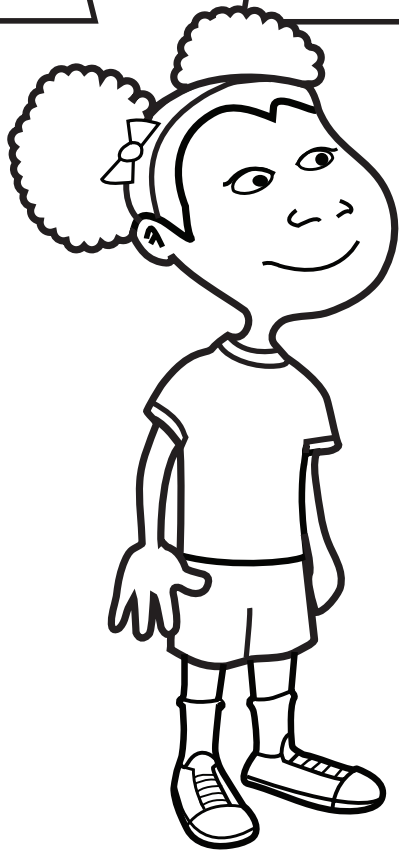
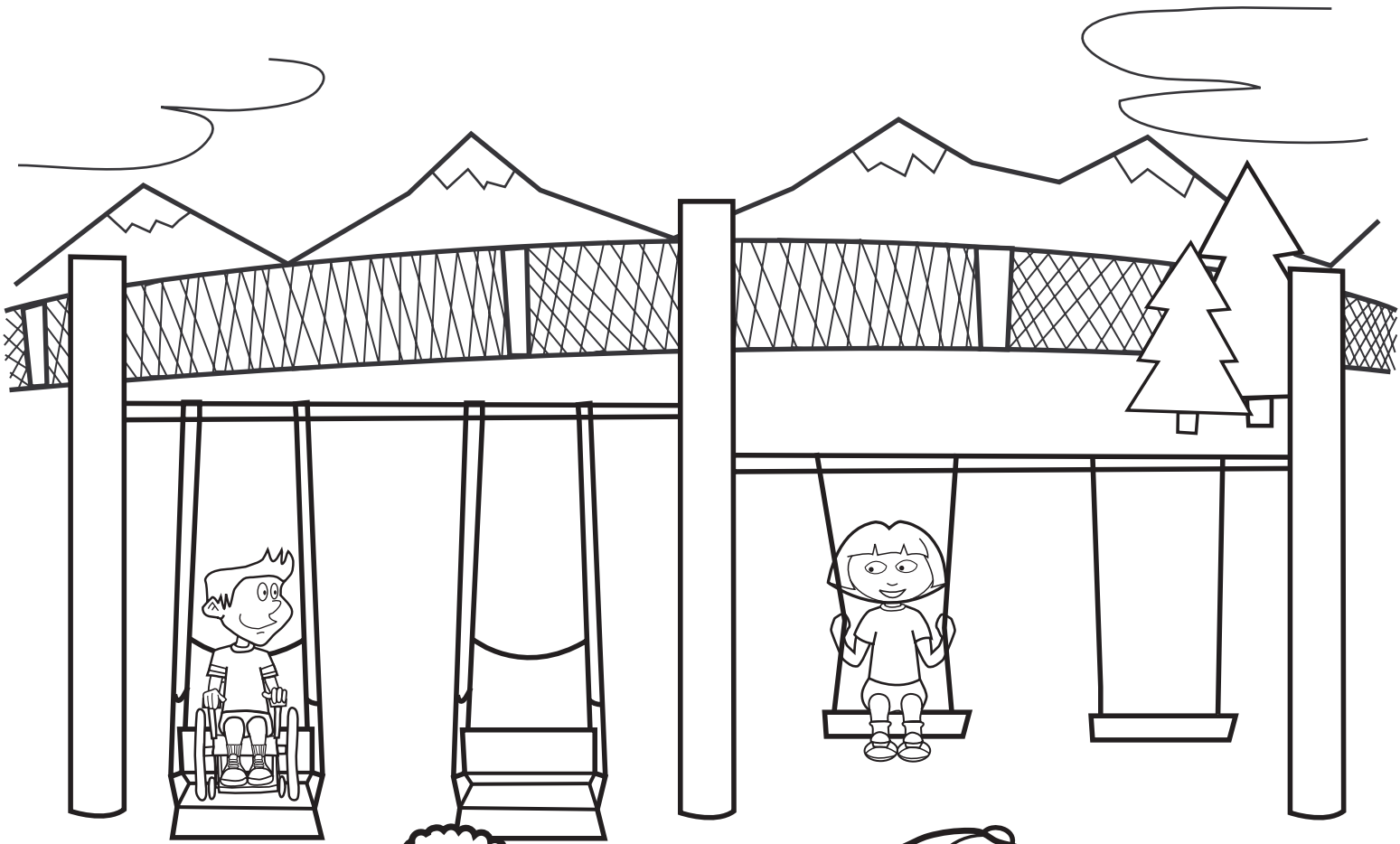
LET'S ALL SAY HI TO SALLY



**WHO WAS THAT MAN WITH
YOU, SALLY?**



HE HELPS ME LEARN.



WHY DO YOU NEED HELP?



**SOMETIMES I MIX UP NUMBERS
AND LETTERS. MY MOM SAYS
ITS CALLED DYSLEXIA**



WHAT'S THAT?



**SOMETIMES I HAVE A
HARD TIME READING.**

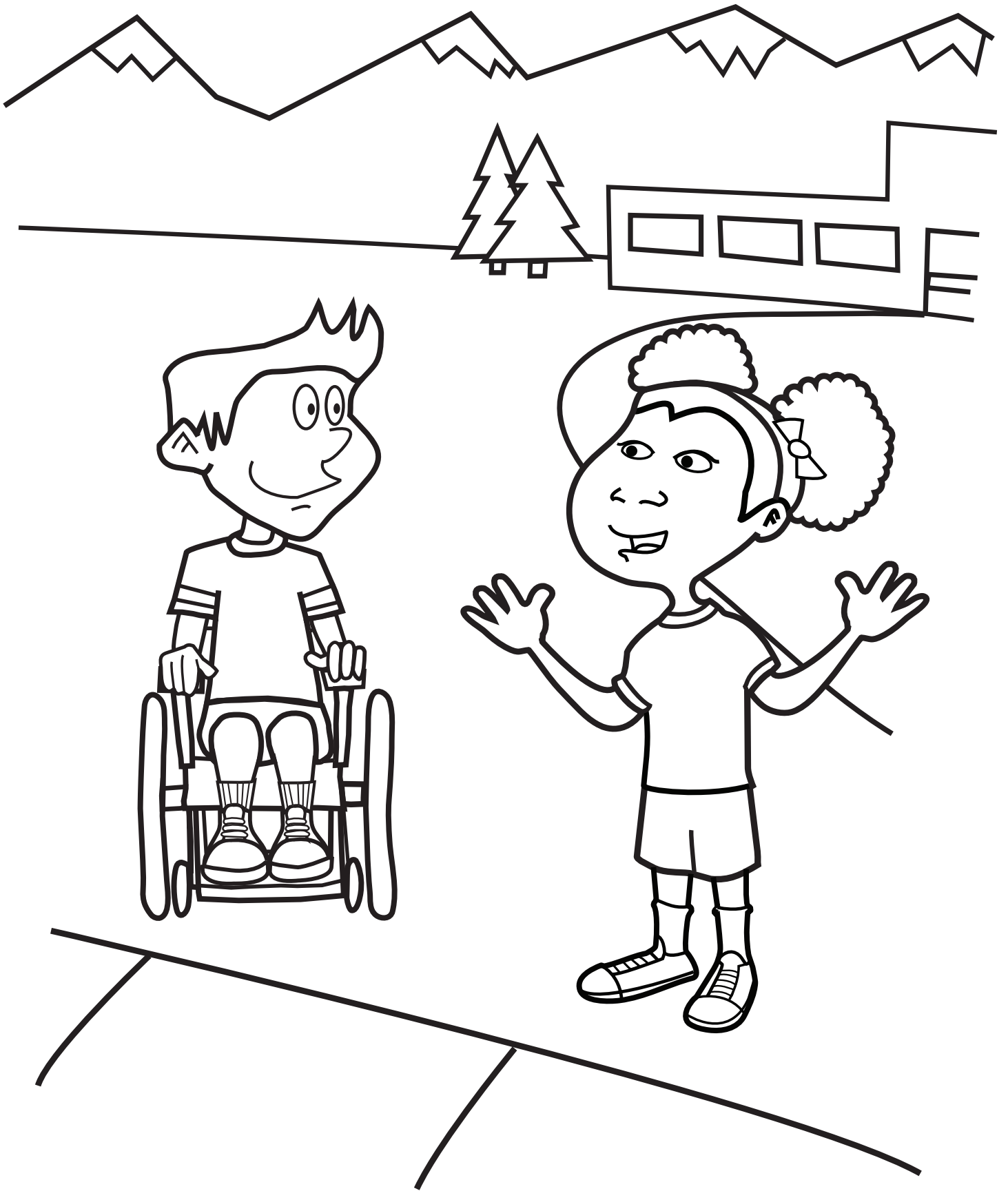
Quiet Please.
Math Test in Progress

$$\begin{array}{r} 3 \\ \times 4 \\ \hline \end{array}$$

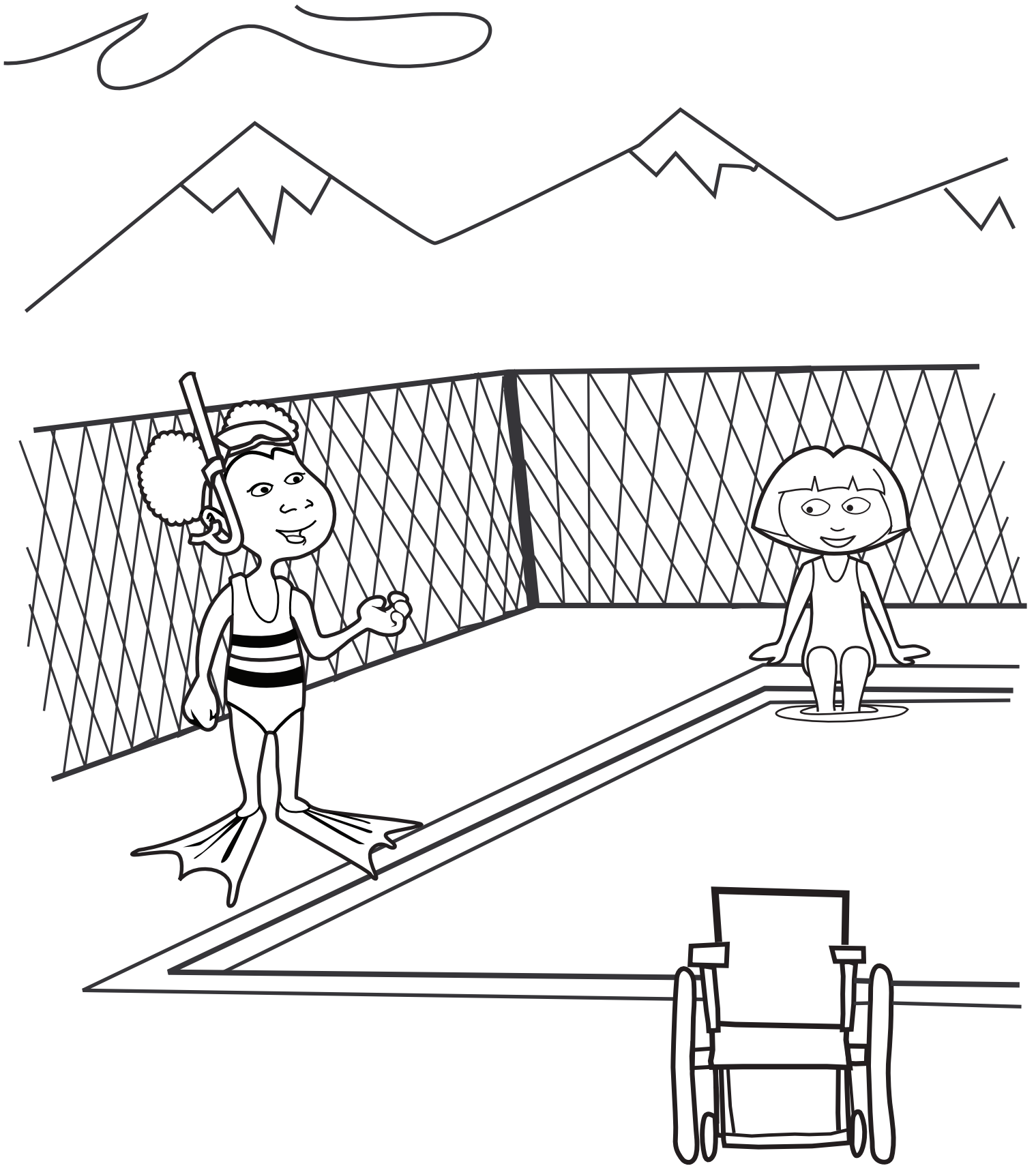
AND SOMETIMES I DON'T
UNDERSTAND MATH.



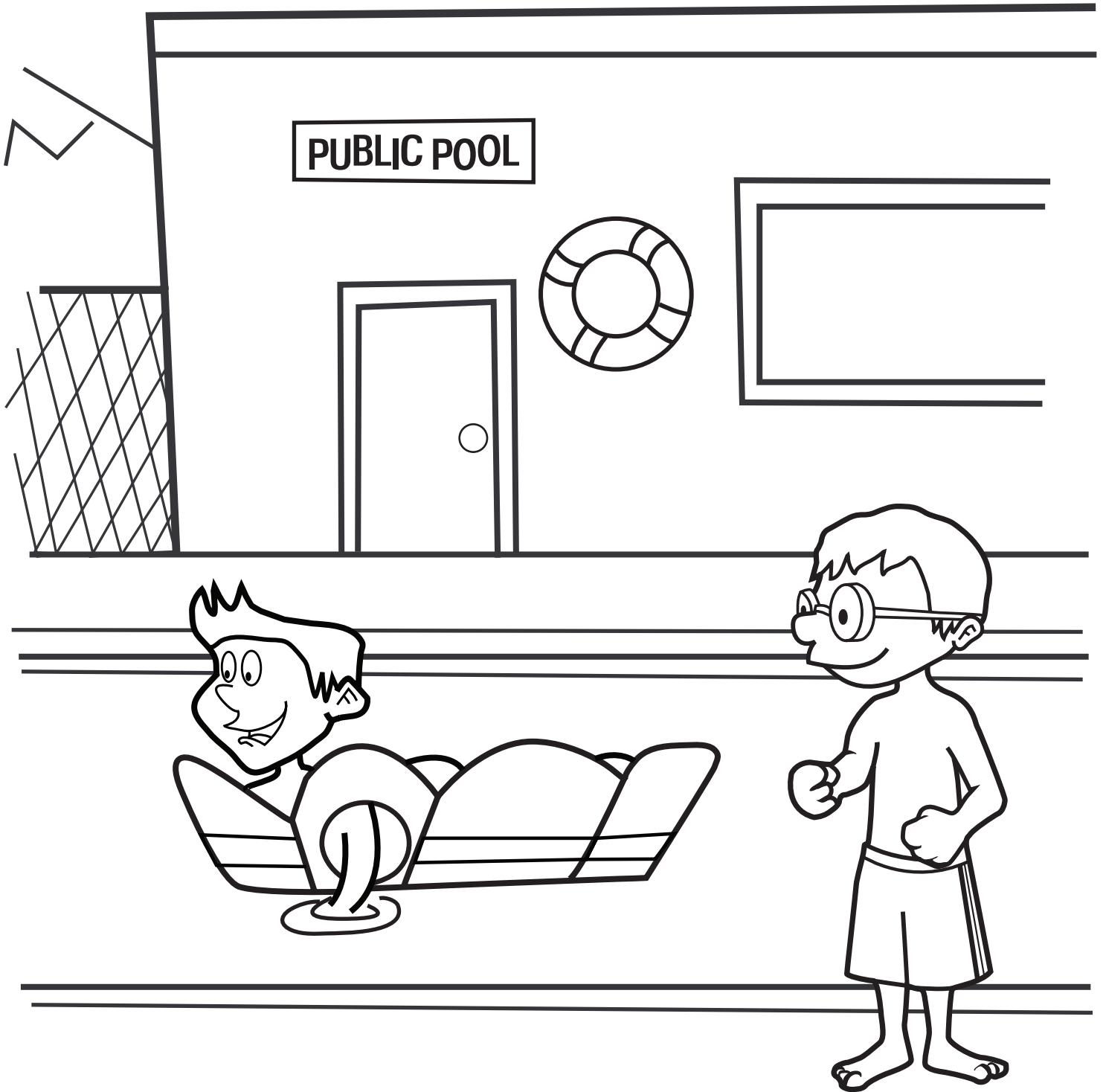
**TODAY AFTER SCHOOL, JACK AND I
ARE GOING SWIMMING.
DO YOU WANT TO COME?**



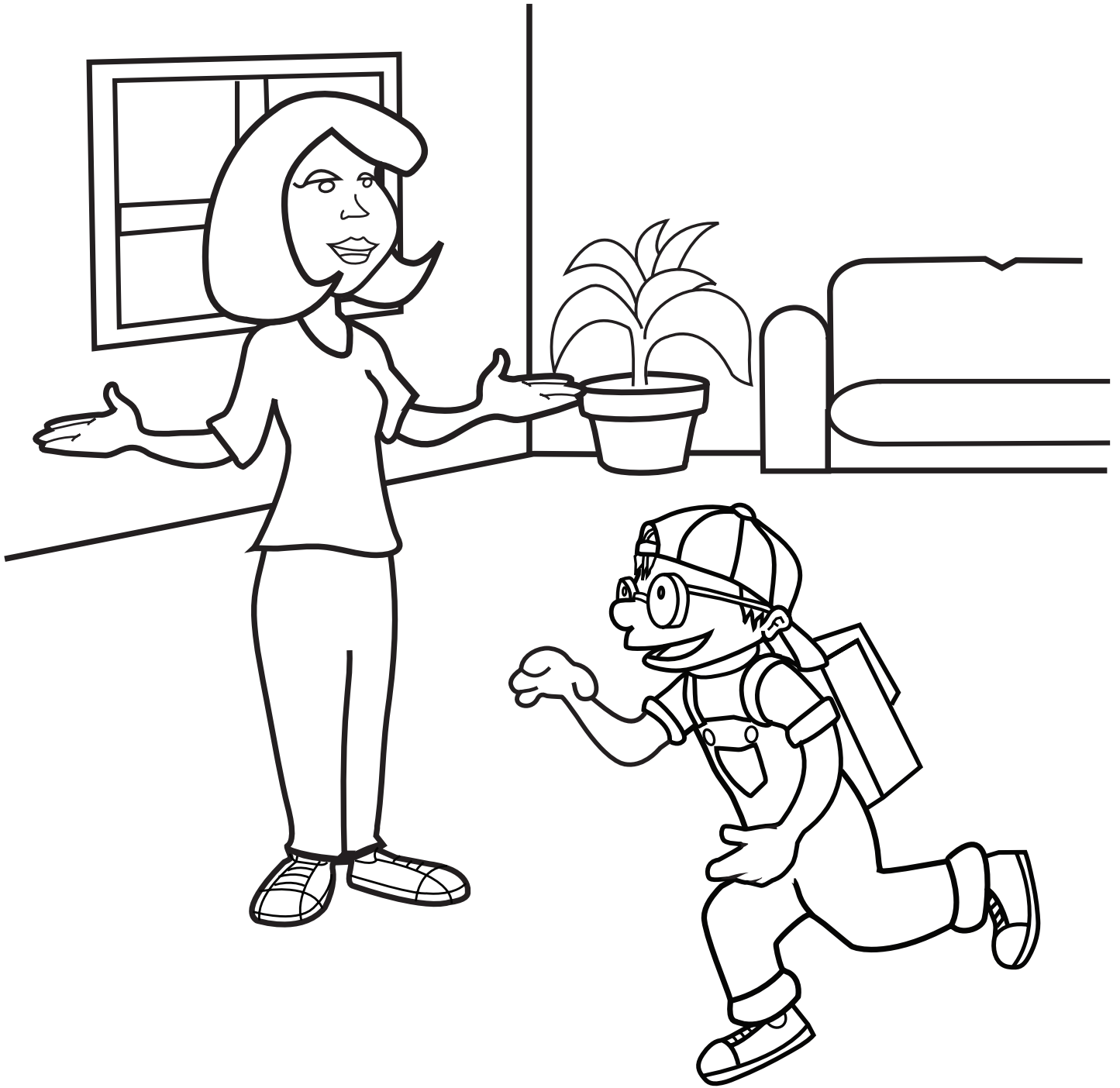
JACK, CAN YOU SWIM?



SURE!



I CAN DO JUST ABOUT ANYTHING



**MOM, I MET THE COOLEST
GIRL IN SCHOOL TODAY!**

This coloring book was developed and produced by the Consumer Program Advisory Council (CPAC) of the Wyoming INstitute for Disabilities (WIND), College of Health Sciences, University of Wyoming with the intention of stimulating awareness about disabilities among young children.

The second book, Ready! Set! Go!, focuses on Sam and Jack and their new friend Sally, who has a learning disability. Future books will feature other children who have disabilities, such as hearing impairments, brain injuries and visual impairments.

We hope that the coloring book will be used to provoke discussions about the acceptance of persons who are different than us and that differences in others is a natural and desirable part of life. A good place to start is to discuss "People First Language".

People First Language is easy to Learn - people come first before their disability. If we use words that put the disability before the person, we tend to only see the disability, not the many characteristics that make up the person. Here are examples of positive phrases and negative phrases. Note that the positive phrases put the person first.

Positive Phrases

A person who uses a wheelchair

A person with mental retardation

A person who is blind; People with a vision disability

A person who is deaf; Persons with a hearing disability

A person who has multiple sclerosis

A person with cerebral palsy

A person who is unable to speak

A person with a disability

Negative Phrases

Wheelchair bound, confined to a wheelchair

Retarded person

The blind

Suffers a hearing loss, the deaf

Afflicted with MS

CP victim

Dumb, mute

A disabled person, handicapped

The Consumer Program Advisory Council (CPAC) of the Wyoming INstitute for Disabilities (WIND) is a group of individuals with disabilities and family members working together to create educational resources for disABILITY awareness for Wyoming citizens.

The CPAC holds quarterly meetings to create, organize and distribute its awareness projects. All members of the CPAC are also members of the larger WIND Advisory Committee which advises WIND on policy issues and the needs of persons with disabilities.

WIND Mission Statement

“The mission of the Wyoming INstitute for Disabilities is to assist individuals with developmental and other disabilities and their families to achieve their desired quality of life by promoting and supporting full community inclusion, community membership, independence, productivity and social participation.”

Comments and Suggestions

Comments and suggestions on this coloring book project (its usefulness, suggestions to make it better, ideas of topics for future books, etc.) are welcomed and encouraged. Please send your comments and suggestions to:

Wyoming Institute for Disabilities
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Laramie, WY 82071
ATTN: Coloring Book Project
Web Site: <http://wind.uwyo.edu/cpac>



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