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GREEN SMART LINKS

Food Safety Non-Perishables Shopping List

Make lists from your recipes. Remember to check your pantry first before shopping—
you might have some of the items you need!

CANNED / BOTTLED

HARDY VEGETABLES

DRIED SPICES AND HERBS

NUTS, CRACKERS & OTHER PACKAGED

PANTRY BASICS (FLOUR, SUGAR, GRAINS, SALT)

BUTTER AND DAIRY PRODUCTS

FROZEN INGREDIENTS

BEVERAGES / JUICES

OTHER

Food Safety Perishables Shopping List

Purchase no more than 5 days out. See the countdown for ideas.

POULTRY

FRESH PRODUCE

EGGS

CHEESE / DAIRY

BREADS & ROLLS

FRESH HERBS

SEAFOOD

OTHER

OTHER

Food Safety Shopping List

Do you have these items on hand at home? If not, pick them up at your grocery store.

CLEAN

Unscented liquid bleach
or sanitizing spray

Clean sponges

Clean towels

Paper towels

Dish soap

Hand soap

Brush for cleaning fruits and vegetables

SEPARATE

Two clean cutting boards
(one for meat/poultry & one for fruits/vegetables)

Large rimmed baking sheet
to put under turkey in fridge

COOK

Accurate food thermometer

Aluminum foil to tent resting turkey

CHILL

Two Appliance thermometers
(one for fridge & one for freezer)

Kitchen timer

Shallow containers with lids for leftovers

Food labels for leftovers

Plastic wrap and food storage bags