





Baby Golden Beets and Green Beans Served at the Inaugural Luncheon, 2013

Ingredients

- 8 each baby golden beets, peeled, cut in half
- 4 ounces green beans, ends snipped, cut 1 inch on bias
- 1/2 tablespoon extra virgin olive oil
- 1/2 tablespoon shallot, minced
- 1/2 tablespoon kosher salt
- 1 pinch white pepper
- 2 quarts water

Preparation

- 1. Bring 2 quarts of water to a boil and add ½ tablespoon kosher salt.
- 2. Place beets into water gently and allow to cook for 5 minutes or until tender. Remove beets using a strainer and set in a bowl.
- 3. Allow water to return to a boil and gently add the green beans for 3-4 minutes until tender. Remove the beans from the pot using a strainer and add to the bowl with the beets.
- 4. Place olive oil in a sauté pan on medium heat, add the shallots to cook until tender. Add the beets and beans and season with salt and pepper to taste.

Additional

Information

Course:

Servings: 4 servings

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