



.....

SUN SAFETY IS  
FOR EVERYONE



Hi, I'm Gigi  
the giraffe!

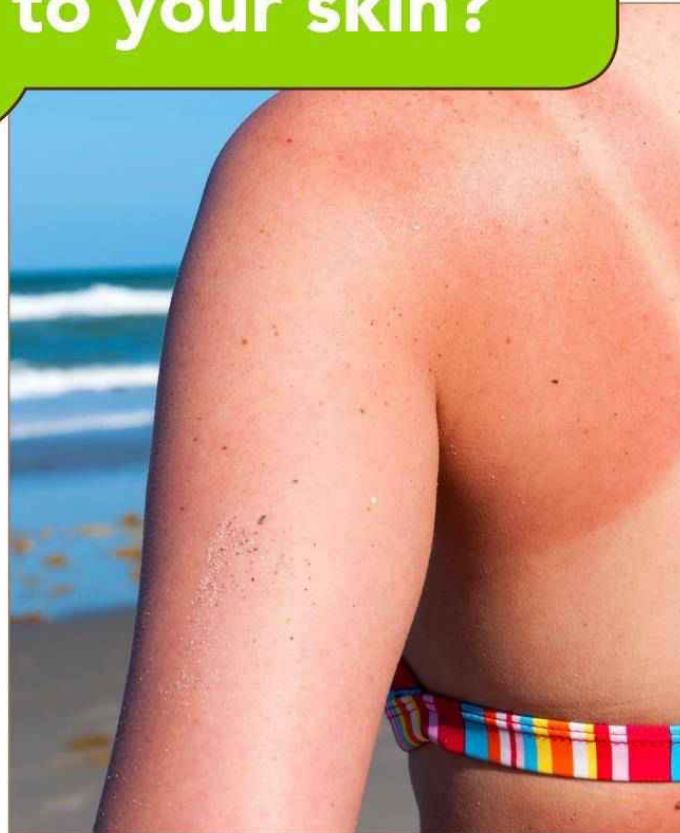


The Sun





What can the sun  
do to your skin?





# What causes a sunburn?





# Sunburn vs. Tan

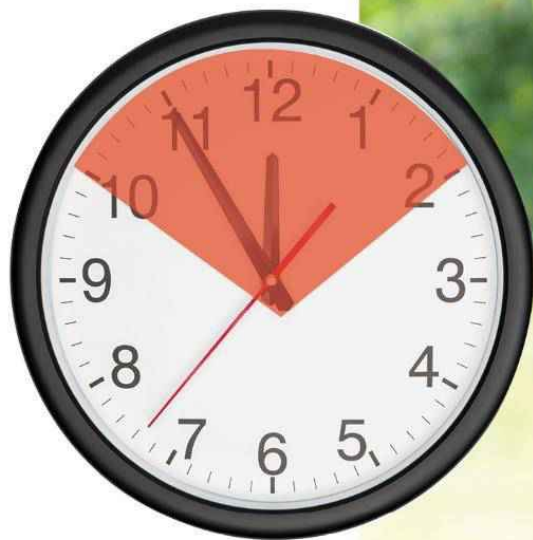




# Summer vs. Winter



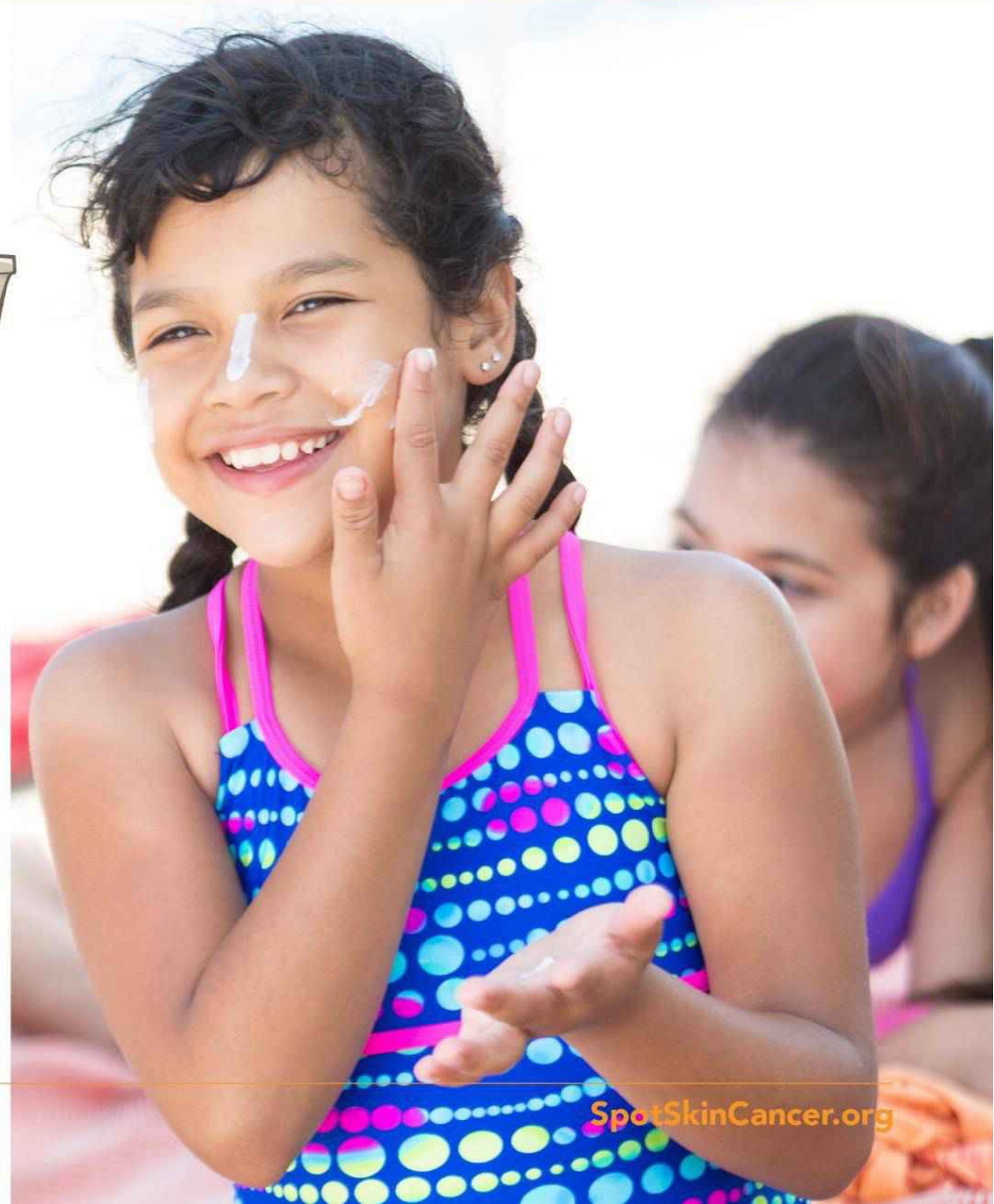
# A IS FOR AWAY



SPOT Skin Cancer™

[SpotSkinCancer.org](https://www.spotskincancer.org)

# B IS FOR BLOCK



SPOT Skin Cancer™

[SpotSkinCancer.org](https://www.spotskincancer.org)

# C IS FOR COVER UP



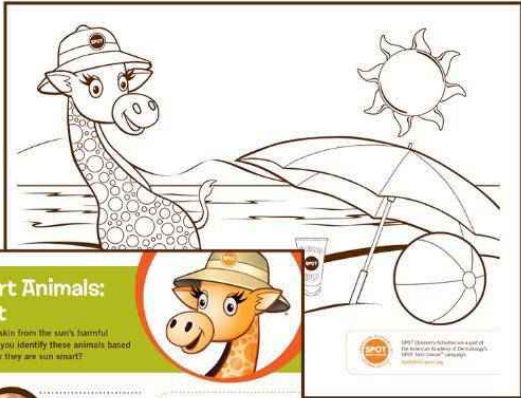
SPOT Skin Cancer™

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SpotSkinCancer.org/kids



### SPOT<sup>®</sup> the Sun Smart Animals: Zoo Scavenger Hunt

Many animals have unique ways to protect their skin from the sun's harmful ultraviolet rays. As you walk around the zoo, can you identify these animals based on the pictures and the hints provided about how they are sun smart?

|   |  |
|---|--|
| <br><b>A</b>  | These animals have black, deep waterproof feathers that absorb the sun's rays, protecting their skin from sun damage.                    |
| <br><b>B</b>  | This animal lives in hot, sunny areas. It has a thick, protective layer of skin called the carapace that shields it from the sun's rays. |
| <br><b>C</b> | This animal has a hard, protective shell that shields it from the sun's rays.  |
| <br><b>D</b> | This animal has a thick, protective layer of skin called the scales that shields it from the sun's rays.                                 |

**BEFORE YOU HEAD TO THE ZOO, MAKE SURE YOU AND YOUR FAMILY ARE SUN SMART!**

**Wear protective clothing:** when possible, this includes long sleeves, pants, a wide-brimmed hat and sunglasses.

**Apply a broad spectrum, SPF 30 or higher sunscreen to all exposed skin before you head out. Reapply it regularly every 2 hours while at the zoo.**

**When you need a break, find a shaded area to rest.** Use this time to see what animals you still need to identify for this scavenger hunt.

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# AWAY, BLOCK, & COVER UP



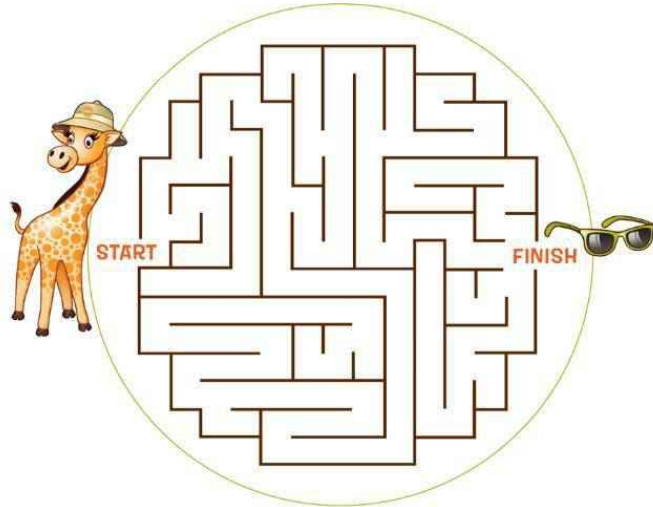
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# GIGI'S GAMES FOR KIDS

Help Gigi through the maze to get to her sunglasses.



Circle the items you would use to help protect you from the sun.



Unscramble these words to find five things that protect you from the sun.

 **HRIST**   
 **MRLUBEAL**   
**SRCSENU**    
**THA**    
 **GASUSNSLSE**

Search for the words listed below.

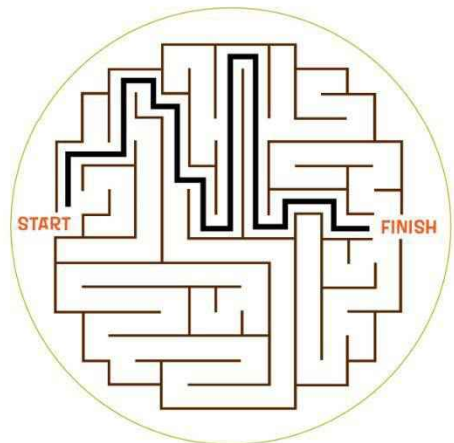
- Shade
- Melanoma
- Sunburn
- UV index
- SPF
- Prevention
- Awning
- Skin Cancer
- Sun Safety

|   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|
| N | V | M | V | E | M | Q | U | A | R |
| S | O | W | E | A | D | V | J | E | C |
| U | B | I | H | L | I | A | C | F | B |
| N | R | M | T | N | A | N | H | P | V |
| B | L | T | D | N | A | N | Z | S | L |
| U | L | E | L | C | E | Z | O | P | Z |
| R | X | E | N | Z | D | V | S | M | Y |
| N | V | I | I | I | Z | S | E | Y | A |
| R | K | G | N | I | N | W | A | R | K |
| S | U | N | S | A | F | E | T | Y | P |



SPOT Children's Activities are a part of the American Academy of Dermatology's SPOT Skin Cancer™ campaign.  
[SpotSkinCancer.org](http://SpotSkinCancer.org)

# GIGI'S ANSWER KEY



HRIST  
**SHIRT**

MRLUBEAL  
**UMBRELLA**

SRCSEENU  
**SUNSCREEN**

THA  
**HAT**

GASUSNSLSE  
**SUNGLASSES**



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