

INSTRUCTIONS:

Print the booklet pages back-to-back on a single sheet of heavy paper.

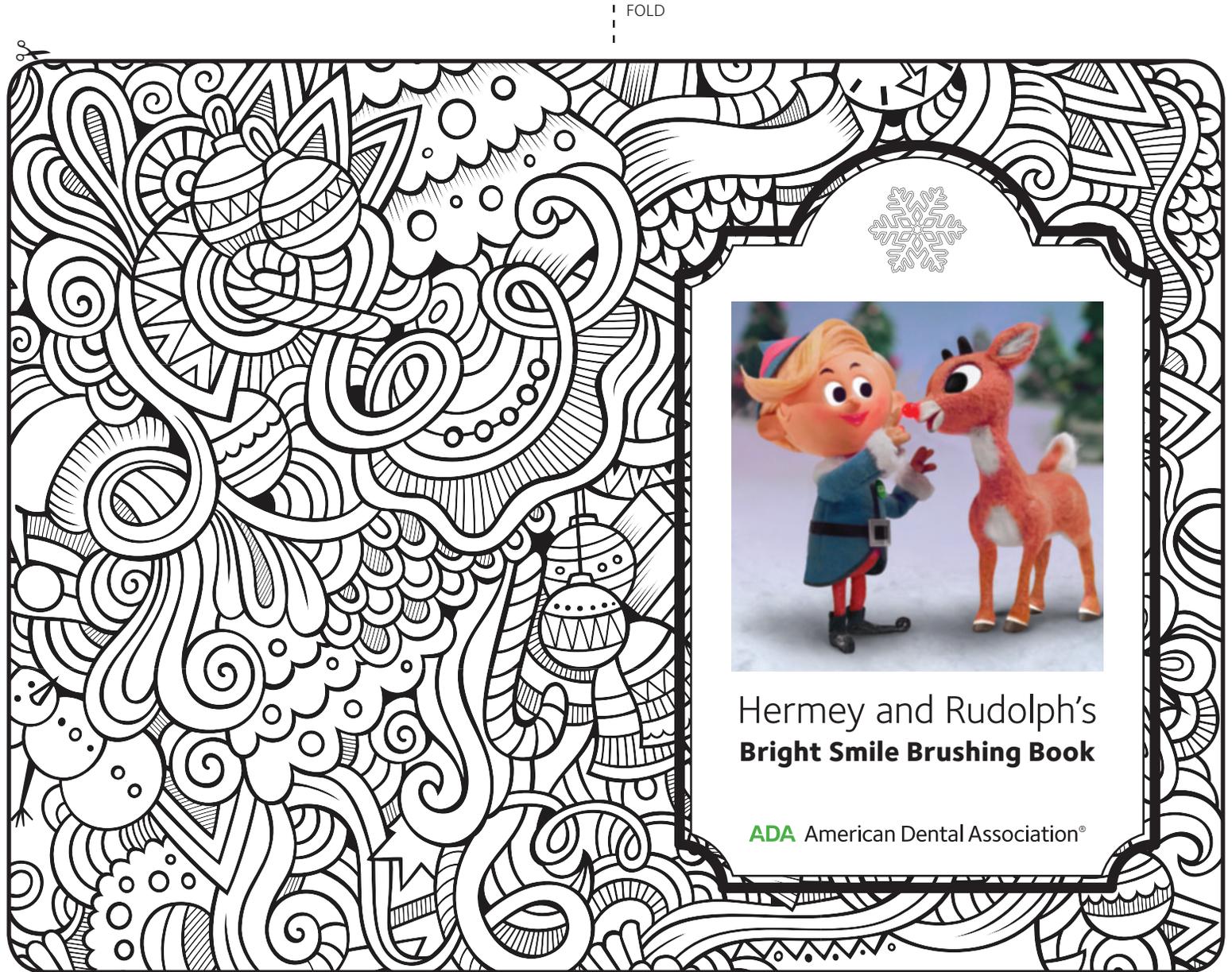
You can color the booklet cover before you fold and cut, or afterward.

Turn your printout so this side faces up.

Fold carefully along the dotted lines.

Then, using scissors (with the help of a grown up), carefully cut along the solid line around the top, long side and bottom of the booklet.

Your bright smile brushing book is now ready to use!



FOLD

FOLD

When he's not making toys, Hermey the Elf dreams of becoming a dentist. He's even helped his friends at the North Pole, like Rudolph, learn about how important it is to take care of your teeth.



Brush your teeth morning and night to keep your teeth healthy and your smile bright. Use this booklet to make sure you're brushing for two minutes, twice a day. (It might even help you make Santa's nice list!)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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